

# GLUTEN FREE MENU

## APPETIZERS

### INSALATA CAPRESE \$6.95

Fresh mozzarella, sliced tomatoes and fresh basil

### CALAMARI MARINARA \$9.25

Tender calamari simmered in marinara sauce

### MUSSELS SCAMPI \$9.25

Prince Edwards mussels simmered in white wine garlic sauce

### GLUTEN FREE TRIO \$12.95

Grilled shrimp, mussels marinara and grilled eggplant

## PANINI

### TUSCANA \$12.95

Grilled chicken, fresh mozzarella and red roasted peppers

### BRUSCHETTA \$12.95

Fresh made bruschetta, grilled chicken and fresh mozzarella

### CHIPOTLE CHICKEN \$12.95

Grilled chicken, spinach, fresh mozzarella and homemade chipotle sauce

### TURKEY AND AVOCADO \$12.95

Sliced turkey breast, Swiss, avocado, lettuce, tomato and mayo

## PIZZA

### CREATE YOUR OWN \$14.95

12 inch personal pizza, your choice of toppings or specialty pizza

GLUTEN FREE DISCLAIMER: PLEASE KEEP IN MIND THAT ANY ITEMS PREPARED WITHOUT GLUTEN PRODUCTS ARE MADE IN A FACILITY THAT HANDLES MANY OTHER WHEAT PRODUCTS. DURING NORMAL KITCHEN OPERATIONS, THERE IS A POSSIBILITY, FOR FOOD ITEMS TO COME IN CONTACT WITH WHEAT GLUTEN/PROTEINS. HOWEVER UNLIKELY WE ARE UNABLE TO GAURENTEE THAT ANY MENU ITEM IS COMPLETELY GLUTEN FREE.

## PASTA

### PENNE PASTA

### TOMATO AND BASIL \$13.95

Chopped tomatoes and fresh basil

### VODKA SAUCE \$13.95

Pink creamy sauce

Add shrimp \$5.95 Add chicken \$3.95

### CHICKEN SOPHIE \$15.95

Grilled chicken, mushrooms, broccoli, carrots, tomatoes, olive oil and garlic

### SHRIMP & BROCCOLI \$17.95

Grilled shrimp, sautéed broccoli, olive oil and garlic

## ENTREE

### EGGPLANT PARMIGANA \$13.95

Grilled eggplant topped with marinara and mozzarella, served over gluten free penne

### GRILLED CHICKEN & BROCCOLI \$14.95

Fresh grilled chicken served with sautéed broccoli

### BROILED FLOUNDER \$14.95

Flounder broiled with olive oil and garlic served over spinach

### GRILLED SALMON \$16.95

Grilled salmon served over spinach

### BAKED STUFFED SHELLS \$15.95

Cheese stuffed pasta topped with marinara and mozzarella

### CHEESE RAVIOLI \$14.95

Cheese stuffed pasta topped with marinara sauce

### SHRIMP SCAMPI \$17.95

Grilled shrimp simmered in garlic wine sauce over penne